

# PROPHYLAXIS POWDER

PT-X1

Waldent WhiteMyst Prophylaxis Powder PT-X1 is used to comprehensively clean and polish tooth surfaces. With its abrasive nature and a particle diameter of approximately 65µm, it effectively removes plaque, biofilm, and stains, thereby promoting optimal oral hygiene and enhancing aesthetics.

## Composition

Sodium Bicarbonate (Abrasive), Sodium Carbonate (Abrasive), Silicon Dioxide (Flow Agent), Flavoring Agent

## Indications

- Removal of plaque and soft deposits: It aids in the mechanical removal of plaque and tartar from tooth surfaces, especially in areas that are difficult to reach with regular brushing and flossing.
- Stain removal: Prophylaxis powder is effective in removing extrinsic stains caused by factors such as smoking, consumption of certain foods or beverages, or poor oral hygiene habits. It helps to restore the natural whiteness of teeth and enhance its appearance.
- Polishing: The abrasive nature of prophylaxis powder allows for gentle polishing of tooth surfaces. It helps to smooth out irregularities and rough spots on the enamel, resulting in a polished and glossy appearance.
- Preparatory step for dental procedures: It can be used as a preparatory step before various dental procedures, such as bonding, placement of sealants, or application of orthodontic brackets. It helps to ensure a clean and optimal surface for better adhesion and bonding outcomes.

## Contraindications

- Do not use on areas with mouth ulcers or open wounds.
- Do not use for patients with asthma or COPD due to potential aerosol sensitivity.
- Do not use in patients with a known hypersensitivity to any of the components in prophylaxis powder.
- Do not use for patients on a low-salt diet to prevent potential complications related to sodium intake.

## Instructions for Use

- Before opening the bottle, shake it vigorously for few seconds.

- Use a high-quality air polisher, such as the Waldent Premium Air Polisher, to use this powder for dental cleaning and polishing.
- Ensure that the air polisher device is clean and properly assembled according to the manufacturer's instructions.
- Open the chamber or reservoir designated for the prophylaxis powder on the air polisher.
- Carefully pour or scoop the appropriate amount of prophylaxis powder into the chamber.
- Avoid overfilling the chamber to prevent clogging or excessive powder dispersion.
- Close the chamber securely, ensuring it is tightly sealed to prevent any powder leakage during use.
- Connect the air polisher to the air and water supply lines according to the device's instructions.
- Ensure that the air and water supply to the air polisher are turned ON.
- Maintaining a consistent distance of 2-3mm, move the polisher nozzle in a slow and overlapping manner to cover all areas.
- After completing the procedure, turn OFF the air and water supply to the air polisher.
- Remember to dispose of any leftover powder in the air polisher chamber according to the appropriate waste disposal guidelines.

## Precautions and Safety Measures

- Do not pour powder back to the original bottle after use.
- Avoid moisture; seal the powder container properly to prevent clumping.
- It is recommended to apply a thin layer of Vaseline or lip balm on the patient's lips before using prophylaxis powder to protect them from potential dryness or irritation.
- Do not use the material if it becomes discoloured or contaminated.
- Avoid storing the powder in the polisher chamber as it can become cakey and block the nozzle.
- If any adverse reactions or allergies occur, discontinue use and seek medical attention.
- It should be used within the expiry date indicated on the label.
- Keep out of reach of children.

## Storage

- Store in a cool and dry place.
- Do not freeze.
- Store away from direct sunlight.

## Warning

- Not for ingestion.
- Not for medicinal use.



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